

Hello to my fellow Manitoba psychiatrists

My name is Frances Edge, and I am a community psychiatrist in Winnipeg. After a several year hiatus, I am participating again in the Cycle of Hope bicycle ride, fund raising for Habitat for Humanity. The ride is 12 days, 1235 km, in Manitoba, south of the 53rd parallel, following all Covid restrictions.



20 cyclists are each raising a minimum of \$3,500, which will be used to lower the mortgage costs for one specific family. The family, from Pakistan, consists of two parents and two children. The parents have already put in hundreds of hours of sweat equity in order to qualify for a Habitat house.

As psychiatrists, we know the importance of safe, secure, affordable, permanent housing so the family can achieve stability for the education of the children and the parents. As psychiatrists, we know the family and society as a whole will benefit from your help.

Thus, I am asking for your help to help me, so I can help them. I know we receive a lot of requests for donations, and you may already be swamped. But if you can help, the family and I would be grateful.

Each cyclist pays the entire cost for ourselves during the trip- food, gas for the support vehicles, and in all likelihood we will be tenting in our own tents, so I sure hope for dry roads and fields from July 12 to 23.

Here is the link to my fund raising page. Habitat for Humanity will send you a receipt for your tax deductible donation.

<https://www.canadahelps.org/en/charities/habitat-for-humanity-winnipeg/p2p/COH2021/team/team-frances-edge/>

Thank you very much for your help.

Frances