Psychiatry
UNIVERSITY OF TORONTO

Future of Psychotherapy Conference

April 28, 2023, 8:50 am – 2:30 pm

Delivered online

WHAT TO EXPECT

The latest research and technology in the area of psychotherapy will be discussed. The conference is ideal for physicians, psychiatrists, psychologists, registered psychotherapists, social workers, nurses, and other mental health professionals.

This year's U of T Future of Psychotherapy Conference provides an excellent lineup of speakers: Dr. Andrew Chanen (University of Melbourne), Dr. Emily Holmes (Uppsala University), Dr. Paula Schnurr (Geisel School of Medicine at Dartmouth), Dr. Shelley McMain (University of Toronto), Dr. Jordan Bawks (McMaster University), Dr. Anne Sonley, Dr. Emma Hapke (University of Toronto).

SPEAKERS

Dr. Andrew Chanen

Dr. Emily Holmes

Dr. Paula Schnurr

Dr. Emma Hapke

Dr. Shelley McMain

Dr. Jordan Bawks

Dr. Anne Sonley

Click here to visit the Department of Psychiatry website for more info

REGISTER NOW!

EVENT SCHEDULE

Psychiatry
UNIVERSITY OF TORONTO

April 28, 2023, 8:50 am – 2:30 pm

8:50 — WELCOME

Dr. Benoit Mulsant and Dr. Raj Rasasingham

9:00 — PLENARY 1*

Improving access to care for youth and mental health conditions
Speaker: Dr. Andrew Chanen
Moderator: Dr. Stephanie Cassin

10:00 — BREAK

10:20 — PLENARY 2*

Using basic science to drive new innovations in psychological therapies
Speaker: Dr. Emily Holmes
Moderator: Dr. Raj Rasasingham

11:20 — LUNCH

12:00 — DR. MARY SEEMAN LECTURE

Introduction: Dr. Mary Seeman

Psychotherapy for PTSD

Speaker: Dr. Paula Schnurr
Moderator: Dr. Daisy Singla

1:10 — WORKSHOP 1

Deliberate Practice Workshop
Speakers: Dr. Shelley McMain, Dr. Jordan Bawks, Dr. Anne Sonley
Moderator: Dr. David Kreindler

1:10 — WORKSHOP 2

Psychedelics and Psychotherapy Workshop
Speakers: Dr. Emma Hapke
Moderator: Dr. Raj Rasasingham

2:30 — WRAP-UP

Dr. Raj Rasasingham

**streamed*

If you have any questions, please contact: facdevcppd.psych@utoronto.ca